

## Media Release: The Best TeleHealth Training on Mental Health, Resilience & Well-being

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New York, USA - Sydney, Australia-based international organisation the Workplace Mental Health Institute (WMHI) is pleased to announce immediate and ongoing availability of best-in-class, ultra convenient telehealth training on mental health, resilience, and well-being, for workplaces anywhere on the globe. With an unrivalled, expertise-driven capacity to diligently serve many different organisations, ranging from small- and medium-sized businesses and multinational corporations, to government organisations and NGOs, the Institute is committed to providing them with superior quality, legally compliant online training on mental health, resilience, and well-being of their workforce.

"Mental health and resilience training is your insurance policy. Workplace mental health is business wealth", highlights Mr. Peter Diaz, CEO of the WMHI, discussing the crucial role of promptly implementing a successful mental health program in any organisation. The Workplace Mental Health Institute's first-class, distinctively practical and tailored [telehealth training and services](#), strategically designed to fit the specific mental health training needs of the management, are created and delivered by tertiary mental health experts in a timely, efficient, and hassle-free manner.



**The Best Telehealth Training  
On Mental Health, Resilience  
And Wellbeing**

Training And Support Supercharged By Technology

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The highly qualified, experienced, and friendly mental health practitioners and psychologists use novel, effective and convenient delivery methods that are focused on the best, immediate results and include evidence-based practice to effectively enhance the value, engagement, practicality, and efficiency of the dedicated mental health, resilience, and well-being training. Managers who wisely choose to secure their spot and harness the best telehealth training & support on mental health, resilience, and well-being will effectively benefit from the best format for their team and special management access to see who of the participants has completed what, while leveraging a timely, multi-faceted and results-



# Workplace Mental Health Institute

driven strategic approach specifically tailored to fit their mental health & well-being training needs and expectations.

Supercharged by the latest technology, the WMHI's trusted and popular telehealth training is ultra-secure, simple, convenient, hassle-free, cost-effective, and safe (i.e. in the context of the ongoing Covid-19 pandemic), and is complete with outstanding virtual workshops, webinars, and one-on-one tele-counselling and coaching sessions for the best online training experience possible for everyone. Participants are given the option of using the WMHI's online learning platform or, alternatively, the Institute can provide SCORM files for their LMS.

With an exceptional satisfaction rate of more than 97%, the WMHI's dedicated telehealth training aims to facilitate a mentally healthier work environment for both improved productivity and compliance with the law. This is achieved by providing HR/managers with the right tools, strategies, and professional advice that help them develop the skills they need to be able to properly carry a mental health conversation with any of their team members on an ongoing basis.

[www.thewmhi.com](http://www.thewmhi.com)

**ENDS**

## **Contact**

Please contact The WMHI offices for further information and interview opportunities.

Workplace Mental Health Institute  
Australia: +61 2 8935 3885

United Kingdom: +44 20 7154 8225

USA: +1 332 900 7010 | +1 213 262 6707

E: [admin@thewmhi.com](mailto:admin@thewmhi.com)

W: [www.thewmhi.com](http://www.thewmhi.com)

W: [thewmhionline.com](http://thewmhionline.com)

**The Workplace Mental Health Institute (WMHI) provides Human Resources, management and workplaces with evidence-based strategies, education and the latest information on all things Mental Health throughout Australia, UK, USA and across the world.**